

# LABORATORY<sup>5</sup>

lab5coaching@gmail.com

## **LABORATORY5 INC. INTUITIVE COACHING PROGRAM**

*I am ready to extend my work of intuitive coaching - are you ready to join me?*

### **WHY AM I DOING THIS?**

Simple. I love offering my intuitive coaching and teaching others. However, I no longer have capacity for individual one on one coaching and many have asked me to figure out how to still provide my services. So here it is! I am creating a tribe – filled with love and incredible energy. You will be able to ask questions and engage and I get to support you in an awesome group setting.

### **HOW IT WORKS:**

There will be one call per month for twelve months and each call will be one hour, for a total of twelve calls for the year. During the call I will cover topics requested in advance from each of you - the tribe members. I will also take questions on the calls and we will celebrate achievements together! There will be two tracks to keep the conversations at the right level for all involved. All calls will be a 1-800 number with a special access code. The calls will be recorded so if you miss a call you can receive it to listen to and you will not miss any content.

We will create a tribe, not only on the group calls but you will also have a closed dedicated Facebook group where you can ask each other questions outside of the calls and offer each other ideas, resources and information. This creates accountability and shared groupthink. The idea is to lift everyone up because together we become stronger.

When you register to be a part of the tribe you will have the opportunity to fill out a questionnaire to bring me up to speed as to where you are at in your personal and professional life and what type of burning questions you have unanswered that I can guide you on.

This will be the most inspirational hour of your month. We will be positive focused with no whining, bumner attitudes or crabbiness allowed! One really important thing you will gain in this program is how to transform the things you feel are not working currently - into opportunities. You will have a window to see the issues concerning your advancement differently through the eyes of the tribe that you will become a part of. More brains are better than one!

### **HOW MANY PEOPLE WILL BE IN THE TRIBE?**

For 2016 I will only be working with 15 people per track. When the track is full – it's full! So if you're interested get on it without hesitation. I am doing this so that we can create a tribe of intimacy. We'll create a small family feel together.

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## **TRACK ONE – QUICK STARTS**

This level is designed for individuals who have been in the teaching and mentoring sphere. This is for those who are seeking purpose, mission and guidance for opportunities and options that lay in front of them. If you have worked with me before as your teacher and mentor and desire that interaction again this is your chance. If you have not worked with me before but are seeking a purpose driven focus in 2016 when you have not been in the past then jump on board and together, we'll get you there.

## **TRACK TWO – LEADERSHIP**

This level is designed for individuals who have experienced coaching in the past and are missing the connection. If you are already purpose focused but are ready to stretch and be pushed further to advance more quickly in your life and career then this is for you.

For both tracks this is year long program will focus on whole life. That means we will talk about accelerating both personal life and professional life. You are one-person exuding energy in both areas of your life and therefore must give equal attention.

## **HOW MUCH DOES IT COST?**

The program is \$100 per month.

Yup that's it! I know, fabulously affordable. I told you – I seriously want to spread the love! When you register you have to commit for the entire year. Your total for January 2016 through December 2016 will be \$1,200 for the year. My private one on one coaching starts at \$3,000 a year and goes up to \$12,500 and that is without the added bonus of the community tribe! So this is an awesome opportunity.

## **WHEN DOES IT START?**

Registration is open now, again first come – first served. The group calls and Face book community begins in January 2016 and run through December 2016.

## **HOW DO YOU REGISTER?**

Send an email to: [lab5coaching@gmail.com](mailto:lab5coaching@gmail.com)

In the email provide the following:

1. A message clearly stating that you want to register for the Intuitive Coaching Program.
2. Your name, phone number, email and (snail mail) mailing address.
3. Your name as you have it listed on Facebook so we can create a group together.  
*(What if you're not on Facebook? Get on there – that is the only forum we'll be using for this program at this time and you will miss out on the sharing and the love!!)*
4. Tell me how you'd like to pay. Your options are either one lump sum of \$1,200 up front OR monthly payments of \$100 per month. Once I know this we'll send you an invoice and link for payment.

Once you send in this email, it will be processed and you will receive your contract for the program and the questionnaire to fill out and return no later than Jan 1, 2016.

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## Laboratory5 Inc. INTUITIVE COACHING PROGRAM OFFERINGS AT A GLANCE

**CONVERSATIONS** – Will be filled with openness, honesty and a loving agreement to share!

**COMMUNITY** – We will all connect and interact with each other within your own community. We will become a tribe!

**SESSIONS** – Plan on a dedicated hour once a month. Plus time for 'homework'.

**RESOURCES** – Receive an all access pass to a variety of resources and planning tools to move you forward.

**NOTIFICATIONS** – Receive reminders for sessions.

**VISION** – See the big picture vision grow over the year through assignments and your own 'ah ha's' and personal discoveries!

**GOAL TRACKING** – Stay focused on your goals that you are personally working on.

**GIFTS AND SURPRISES** – Plan on it. I love to add more than you can imagine!

**PAYMENTS** – Easy payment option through PayPal

**IF YOU ARE READY TO STRETCH THEN JOIN ME AND LET'S DO THIS!**



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